

Health and social care unit 1 topic list

All the following topics will arise in the unit 1 exam- use your exercise book, as well as downloading past health and social care papers to help develop your exam skills, and improve your overall marks.

Remember – READ THE QUESTION!!!!

Good luck- the best success comes from good preparation!

- P.I.E.S
- Growth and development changes- infancy to later adulthood
- The effect on genes on growth and development
- The effect of environment on growth and development
- Relationships
- Work, wealth and income and effects on development
- Self-concept and self esteem
- Factors that affect self-concept
- Friendships and intimate relationships
- Work and its effects on development
- Expected and unexpected life events
- Family support – linking to P.I.E.S
- Support from friends
- Professional support- health and social care support
- Supporting others- the voluntary sector and community groups